



AMITY UNIVERSITY

— R A J A S T H A N —

AMITY INSTITUTE OF BEHAVIOURAL & ALLIED SCIENCES (AIBAS)

M.A. Psychology

List of students undertaking field project or research projects or internships.

Program Code	Programme name	Name of the students
121187	MA (Psychology)	Anurag Sharma
121187	MA (Psychology)	Avantika Sharan
121187	MA (Psychology)	Komal Surana
121187	MA (Psychology)	Kritika Joshi
	MA (Psychology)	Kushagar Sudan
121187	MA (Psychology)	Nilakshi Phukon
121187	MA (Psychology)	Riya Gaur
121187	MA (Psychology)	Sanya Singh
121187	MA (Psychology)	Tanika Agarwal
121187	MA (Psychology)	Tison Varghese
121187	MA (Psychology)	Tripti Gothwal
121187	MA (Psychology)	Vaibhav Puranik
121187	MA (Psychology)	Vidushi Sharma
121187	MA (Psychology)	Vishakha
121187	MA (Psychology)	Zeal Sheth

Shree Bhagwan Mahaveer Viklang Sahayata Samiti (BMVSS)

(Registered Under the Societies Registration Act. No. 261/1974-75)

Head Office : S.M.S. Hospital, Jaipur – 302 004

Main Branch : 13-A, Guru Nanak Path, Malviya Nagar, Jaipur-302 017 (INDIA)

Ref.No.BMVSS/ 400 /2020-21

Dated: 19.01.2021

TO WHOM SO EVER IT MAY CONCERN

This is to certify that **Komal Surana D/o Shri Lalit Surana** successfully completed her internship which she has undertaken from 23.12.2020 to 25.12.2020 and 04.01.2021 to 18.01.2021 at Shree Bhagwan Mahaveer Viklang Sahayata Samiti (BMVSS), Jaipur Foot at Jaipur, Rajasthan, India.

I wish her good luck in all her future endeavours.


(Dr. Deependra Mehta)
Secretary



Mental Health Care & Research

A – 630, Govind Marg, Malviya Nagar, Jaipur (Raj.) - 302017

Ph – 0141-2525506

This is to certify that **Ms. Komal Surana D/O Mr. Lalit Kumar Surana** currently pursuing M.A. Psychology (1st Semester), from Amity University, Kant Kalwar, Jaipur has completed 6 days (14th November to 19th November, 2019) of Field Observation programme from our organization.

Her training programme included observation with the outdoor patients and history taking part. She appeared sincere and regular during her field observation period. She has good coping and communication skills.

We wish her good luck for her future.



डॉ० अनिल ताम्बो
आचार्य (मनो चिकित्सक)
एस.एम.एस. मेडिकल कॉलेज अस्पताल
मनो चिकित्सा केन्द्र, जयपुर

Dr. Anil Tambi

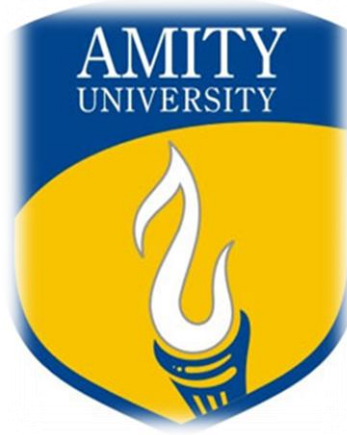
Professor,

S.M.S. Medical College,

Psychiatric Centre

Jaipur

Nutrition & Mental Health: A Femme Eye View



For the partial fulfilment of

M.A. Psychology

(2019-21)

Seminar

Supervised By

Dr. Chirmi Acharya

Assistant Professor

Submitted By

Ms Komal Surana

Student, MA Sem 3rd

Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

2020

CERTIFICATE OF INTERNSHIP

This is awarded to

MS. RIYA GAUR

For successfully completing 30 Hrs (28 June-5 July 2020) of online internship under Dr Deepika Chamoli. Topics covered are Soft skills, Telephonic counselling skills, Basics of CBT and REBT, Case history taking, Mental status examination and Case study writing.



deepika

Dr. Deepika Chamoli

Director speakingcube



Sexual Assault and Crisis Counseling



For the partial fulfilment of

M.A. Psychology

(2019-21)

Seminar

Supervised By

Dr. Prashant

Associate Professor

Submitted By

Ms Riya Gaur

Student, MA Sem 3rd

Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

2020

PSYCHOGENIC MODELING

(Certificate Of Completion)



This is to certify that Shivani Nishad has successfully completed 1 month Internship in CHILD PSYCHOLOGY in the month of January organised by Psychogenic Modeling that dealt with Introduction to child psychology, Childhood neurological disorders, Intellectual disability, ADHD, Autism, Childhood depression, Child case history and MSME. The subject was also taught about the Neurological assessments for children, Play therapy, Behavioral modification therapy, Childhood behavioral disorder, Anxiety disorder, Toxic and antisocial behavior.

The subject actively participated in group discussions and completed the workshop with full dedication. The subject has great interest in this field which was reflected upon by her zest to learn throughout the workshop.

We wish the subject good luck for the future.

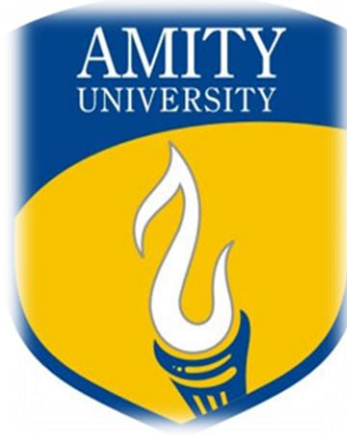
KRITIKA CHANDRASHEKHAR

(COUNSELLING PSYCHOLOGIST
AND ADVANCED CHILDCARE &
DEVELOPMENT DIPLOMA)

MOHINI MAHAJAN

(FOUNDER)

Battered Women Syndrome



For the partial fulfilment of

M.A. Psychology

(2019-21)

Seminar

Supervised By

Dr. Vismita Paliwal

Associate Professor

Submitted By

Ms Shivani Nishad

Student, MA Sem 3rd

Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

2020



AMITY UNIVERSITY RAJASTHAN

Summer Internship Evaluation (Case Study Based Internship)

Submitted To

Dr. Prashant

Associate Professor

Submitted by

Anurag Sharma

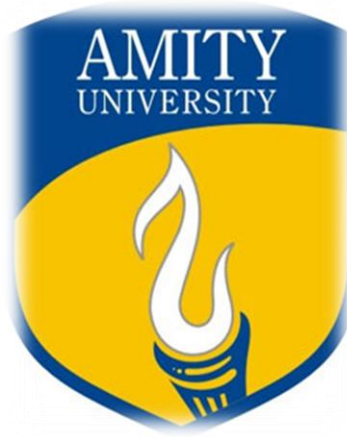
Student, MA III

Case Study1: A 20-year-old law student attends the emergency department with her parents after having taken an overdose of her mother's antidepressant medication. She had a row earlier in the day with her parents about her mobile phone bill. She says that, in a fit of anger, she locked herself in the bathroom and swallowed a fistful of pills. She is carrying the bottle labelled 'dothiepin 75 mg', which may have contained as many as 28 tablets. She is very remorseful about the attempt and says it was impulsive. She has apologized to her parents and has come to the emergency department at their insistence. She says she feels fine and reports no symptoms apart from a slight pain in her abdomen. She reports feeling drowsy and would like to go home to 'sleep it off'. There is no past Impulsive behaviour case history of any mental illness though her father says that she has always been a 'moody girl' and has periods where she is very low, tired and feeling worthless about herself. At other times, she can be vivacious, spending a lot of money, full of confidence and brimming with ideas.

Mental state examination: She appears drowsy and her speech is slurred. She is constantly licking her lips and sipping water from a bottle. Her mood is euthymic. She expresses remorse and denies any ideas of self-harm. There are no psychotic symptoms. She appears a little disorientated, getting the time and date wrong, but there is no evidence of gross cognitive abnormality. There is no evidence of any other psychopathology. She is willing to be examined but refuses to be admitted. Physical examination She appears flushed and warm to touch. Her temperature is 38°C. Her pulse is 110 beats per minute and irregular and blood pressure is 98/64 mm Hg. Her

pupils are dilated. There are no focal signs on central nervous system (CNS) examination. Abdominal examination reveals a distended bladder.

Deciphering dreams



For the partial fulfilment of

M.A. Psychology

(2019-21)

Seminar

Supervised By

Dr. Prashant

Associate Professor

Submitted By

Mr Anurag Sharma

Student, MA Sem 3rd

Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

2020



AMITY UNIVERSITY RAJASTHAN

Summer Internship Evaluation

(Case Study Based Internship)

Submitted To

Dr. Amra Ahsan

Assistant Professor

Submitted by

Kushagar Sudan

Student, MA Sem III

Case Study1: Rayan is a 22 years old guy studying in IIT Delhi All his friends are in relationship and they ask Rayan to make a girlfriend. In desperation to be in a relationship Rayan started looking to fall in love with a girl, who according to him could be his prospective life-partner. Through a mutual friend Rayan came across Pia whom he found to be independent and fun loving. Rayan instantly liked Pia did all the efforts to gain her attention. Things also started falling into place and Rayan and Pia started dating. Rayan believed that he found a true companion in Pia. Initial three months went really smooth between them; Pia would call Rayan for everything and discuss everything with him. Rayan enjoyed this position of being in power, where he unconsciously perceived as having control over Pia's life – after all, Pia did nothing without discussing with Rayan and wouldn't even go anywhere without his company. Even while Pia hung out with her friends, she wanted Rayan to accompany her and wanted Rayan to do the same when he meets his friends. Gradually Rayan began to feel different. He felt that Pia wasn't being the same. He decided to talk to her to address his thoughts but it turned out to be the other way round. Pia expressed her unhappiness about his friends and how she feels hurt when Rayan spends more time

Mental Well-being



For the partial fulfilment of

M.A. Psychology

(2019-21)

Seminar

Supervised By

Dr. Amra Ahsan

Associate Professor

Submitted By

Mr Kushgar Sudan

Student, MA Sem 3rd

Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

2020



AMITY UNIVERSITY RAJASTHAN

Supervised Clinical Practice: University students (Case Study Based Internship)

Submitted To
Dr. Chirmi Acharya
Assistant Professor

Submitted by
Komal Surana
MA Sem IV

Case Study 1: I am a student of final year. These days I'm not able to memories anything from my syllabus. Whatever I'm mugging up next day if my teacher asks me to write from there I'm not able to write a single line. I am feeling very much ANXIOUS that I may not be able to pass my final exam. I also have tried to commit suicide but there also I became afraid if I not able to finish my life and then everyone will laugh at me, so I couldn't. Everyday my friends bullied me. My father compares me with my cousin who comes first every year. I feel I am worthless and no one loves me. My each day is a struggle and I feel ashamed to live and fulfill expectations of my parents. Every day I question why this is happening to me.

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मनो चिकित्सा केन्द्र, जयपुर

Dr. Anil Tambi

Professor,

S.M.S. Medical College,

Psychiatric Centre

Jaipur

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मनो चिकित्सा केन्द्र, जयपुर

Dr. Anil Tambi

Professor,

S.M.S. Medical College,

Psychiatric Centre

Jaipur



MIND EASE

FREE YOURSELF FROM THE UNSAID

PSYCHOLOGICAL SERVICES & WELLNESS CENTER

CERTIFICATE OF INTERNSHIP

THIS IS PRESENTED TO

MS. KOMAL SURANA

On successful completion of her **Online Internship** program at **Mind Ease- Psychological Services & Wellness Center (Pvt Ltd)** in **Cognitive Behavioural Therapy** from **March 22, 2021 to April 9, 2021 (15 days)**. This certificate has been given to her as an orientation and skill enhancement.

ANUJA KAPOOR

Director & Clinical Psychologist

RASHMI JUNEJA

Director & Clinical Psychologist



MIND EASE

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PSYCHOLOGICAL SERVICES & WELLNESS CENTER

CERTIFICATE OF INTERNSHIP

THIS IS PRESENTED TO

MS. KOMAL SURANA

On successful completion of her **Online Neuropsychology Internship** program at **Mind Ease- Psychological Services & Wellness Center (Pvt Ltd)** from **16th June 2020 to 22nd July 2020**. This certificate has been given to her just as an orientation and skill enhancement only.

AMAN CHOUDHARY

Resource Person &
Neuropsychologist

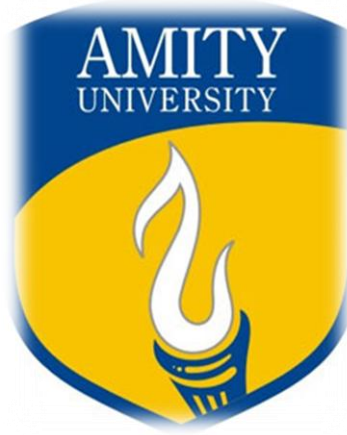
ANUJA KAPOOR

Director & Clinical Psychologist

RASHI JUNEJA

Director & Clinical Psychologist

An Exploratory Research on Indian Media & Psychological Attributes



For the partial fulfilment of

M.A. Psychology

(2019-21)

Dissertation

Supervised By

Dr. Chirmi Acharya

Assistant Professor

Submitted By

Ms Komal Surana

Student, MA Sem 4th

Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

2021



AMITY UNIVERSITY RAJASTHAN

Supervised Counseling: for university students (Case Study Based Internship)

Submitted To
Dr. KC Barmola
Assistant Professor

Submitted by
Riya Gaur
MA Sem IV

Alia a 22 year old college student pursuing her fashion diploma course presents saying she needs referral to a plastic surgeon as her nose is too large. She feels that people constantly comment on her nose, behind her back. She feels her facial disfigurement has prevented her from developing positive relationships as she lacks confidence and never believes friends when they try to reassure her that her nose is fine. She rarely goes out as she is convinced that everyone stares at her and talks about her. She recently gave up her internship as she was constantly late because it took her so long to apply her makeup to hide the disfigurement. She was also reluctant to move from the class to anywhere in college as she did not want to have to see people.

Mental state examination: Her appearance is healthy and there is no discernible abnormality with her nose in shape or size. The woman presents as affable and communicative. She is however inclined to hide her face and especially her nose by using a leaflet even though she is wearing a floppy hat which covers most of her face. Her eye contact is variable. She appears somewhat nervous and her speech is rapid but only when she is talking about her nose. She does not describe herself as low in mood and does not appear depressed. She does not have active self-harm ideation, and there is no evidence of psychosis.

Sonu Tiwari
Director
B. Ed. (M.R.)
+91-95490 55542



Vidhya Aditi Foundation

122/148, Vijay Path, Mansarovar, Jaipur (Raj.)-302 020
e-mail. : vidhya.aditi.foundation@gmail.com

Ref. No.....

Dated... 1st March 21

INTERNSHIP CERTIFICATE OF COMPLETION

This is to certify that

RIYA GAUR

Has successfully done her internship in VIDHYA ADITI FOUNDATION Jaipur Rajasthan, from 02 February TO 19 February 2021 counselling internship in NGO with special needs children's

During her internship she has demonstrated her skills with self-motivation to learn new skills. Her performance exceeded our expectations and she was able to complete the project on time.

We wish her all the best for her upcoming career.

VIDHYA ADITI FOUNDATION

Sonu Tiwari
SONU TIWARI

Director

FOR VIDHYA ADITI FOUNDATION

Sonu Tiwari
PRESIDENT

Deals With :

**Cerebral Palsy, Down Syndrome, Autism, Multiple Disabilities
All Types of Learning Disabilities and Behaviour Issues
Women Empowerment**

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Women Empowerment**



DEEP DE-ADDICTION & PSYCHIATRIC HOSPITAL

30, Shree Ram Nagar - D, Near Hotel Palak Paradise, Khirni Phatak, Jhotwara
Jaipur, Rajasthan - 302012

Phone : 0141-2349542, 9828814333

Ref. No. : 239

Date : 02.04.2021

TO WHOM IT MAY CONCERN

This is to certify that Ms Riya Gaur M.Sc. / M.A. in psychology worked for clinical hands of training in clinical psychology from 18 March 2021 to 01 April 2021 at Deep De-addiction and Psychiatric Hospital, Jaipur. She has attended her training with dedication and interest.

Manisha Sharma

DEEP DE-ADDICTION &
PSYCHIATRIC HOSPITAL
30, Shree Ram Nagar-D, Khirni Phatak
Jhotwara, JAIPUR - 302 012 (Raj.)
Phone 0141-2342749

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Manisha Sharma

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INTERNSHIP CERTIFICATE OF COMPLETION

This is to certify that

RIYA GAUR

Has successfully done her internship in VIDHYA ADITI FOUNDATION Jaipur Rajasthan, from 02 February TO 19 February 2021 counselling internship in Rehabilitation centre

During her internship she has demonstrated her skills with self-motivation to learn new skills. Her performance exceeded our expectations and she was able to complete the project on time.

We wish her all the best for her upcoming career.

VIDHYA ADITI FOUNDATION

Sonu Tiwari
SONU TIWARI

Director

FOR VIDHYA ADITI FOUNDATION

Sonu Tiwari
PRESIDENT

Deals With :

**Cerebral Palsy, Down Syndrome, Autism, Multiple Disabilities
All Types of Learning Disabilities and Behaviour Issues
Women Empowerment**



DEEP DE-ADDICTION & PSYCHIATRIC HOSPITAL

30, Shree Ram Nagar - D, Near Hotel Palak Paradise, Khirni Phatak, Jhotwara
Jaipur, Rajasthan - 302012

Phone : 0141-2349542, 9828814333

Ref. No. : 239

Date : 02.04.2021

TO WHOM IT MAY CONCERN

This is to certify that Ms Riya Gaur M.Sc. / M.A. in psychology worked for clinical hands of training in clinical psychology from 18 March 2021 to 01 April 2021 at Deep De-addiction and Psychiatric Hospital, Jaipur. She has attended her training with dedication and interest.

Manisha Sharma

DEEP DE-ADDICTION &
PSYCHIATRIC HOSPITAL
30, Shree Ram Nagar-D, Khirni Phatak
Jhotwara, JAIPUR - 302 012 (Raj.)
Phone 0141-2342749

**Role of Cognitive Distortion, Self-esteem, Social Support on Suicidal
Ideation among College Students**



For the partial fulfilment of

M.A. Psychology

(2019-21)

Dissertation

Supervised By

Dr. KC Barmola

Assistant Professor

Submitted By

Ms Riya Gaur

Student, MA Sem 4th

Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

2021



AMITY UNIVERSITY RAJASTHAN

Supervised Clinical Practice: University students (Case Study Based Internship)

Submitted To
Dr. Vismita Paliwal
Associate Professor

Submitted by
Shivani Nishad
MA Sem IV

Case Study 1: A 19-year-old college girl name Sunila comes to see a therapist saying that a fear of spiders is causing her significant problems. When she sees a spider she becomes fearful. She sweats, shakes and her heart rate increases. She needs to get out of the room very quickly and requires family members to come and remove the spider. She cannot re-enter the room until she is certain the spider is gone. She cannot sleep in a room if she has seen a spider there and could not go on two school trips because of worries about encountering a spider. She has been offered a job in a hotel as an apprentice domestic supervisor. She is keen to take it, but does not think she can do the job with her fears. She is also thinking of committing to a new relationship and up until now her family have helped her solve her problems. She has not revealed the extent of her difficulties to her boyfriend. She requests diazepam tablets, because her aunt uses these for her fear of aeroplanes, and believes them to be effective for phobias.

Mental state examination: When she comes in it is noticeable that she is on edge. She scans the room quickly and explains later that this was to check for spiders and that she does this routinely. Once she has done this she is relaxed and discussed her fears. She explains that they are 'irrational' and she knows that most spiders are harmless, but nevertheless experiences very intense anxiety. She has no evidence of other mental illness and no symptoms or signs of psychosis or depression.

PSYCHOGENIC MODELING

(Certificate Of Completion)



This is to certify that Shivani Nishad has successfully completed 1 month Internship in CHILD PSYCHOLOGY in the month of January organised by Psychogenic Modeling that dealt with Introduction to child psychology, Childhood neurological disorders, Intellectual disability, ADHD, Autism, Childhood depression, Child case history and MSME. The subject was also taught about the Neurological assessments for children, Play therapy, Behavioral modification therapy, Childhood behavioral disorder, Anxiety disorder, Toxic and antisocial behavior.

The subject actively participated in group discussions and completed the workshop with full dedication. The subject has great interest in this field which was reflected upon by her zest to learn throughout the workshop.

We wish the subject good luck for the future.

KRITIKA CHANDRASHEKHAR

(COUNSELLING PSYCHOLOGIST
AND ADVANCED CHILDCARE &
DEVELOPMENT DIPLOMA)

MOHINI MAHAJAN

(FOUNDER)

AATMAN

COUNSELLING & REHABILITATION
CENTRE

REG/B8/2021

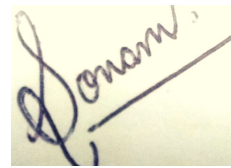
CERTIFICATE OF INTERNSHIP

**"BASIC SKILLS OF COUNSELLING
AND REHABILITATION"**

This recognizes

SHIVANI NISHAD

**as having successfully completed one
Month Internship Program.**



SONAM CHHATWANI

FOUNDER/DIRECTOR
AATMAN COUNSELLING AND
REHABILITATION CENTRE



Positive Insight

CENTER FOR PSYCHOLOGICAL WELLBEING

To whomsoever it may concern

Sub : Internship Completion Certificate

This is to certify that Ms. Shivani Nishad has undertaken 30 hours of training in Psychotherapies Across Disorders at Positive Insight from 06th March to 04th April 2021.

During the tenure her conduct was found to be excellent.
We wish her best in future.

Kamna A Yadav

Sincerely
Kamna Yadav
Founder,
Clinical Psychologist

Kamna Yadav
M.A., M Phil
Clinical Psychologist
CRR No. A47698

Address :
3/2, Ground Floor, Old Rajinder Nagar
New Delhi-60

Contact :
8882285062
positiveinsights3@gmail.com

 www.positiveinsightservices.com

PSYCH CORNER

CERTIFICATE OF COMPLETION

THIS IS TO CERTIFY THAT

SHIVANI NISHAD

HAS COMPLETED A ONE MONTH WORKSHOP ON NLP AND ANXIETY HACKS UNDER SAMPADA KATHURIA AND WAS TAUGHT THE PRACTICAL ASPECTS OF THIS SUBJECT. SHE WAS VERY ENTHUSIASTIC.

WE WISH HER ALL THE BEST FOR FUTURE ENDEAVORS!



MS. SHILPI KUMAR
Co-founder, Psych Corner



MS. CHANAK AGARWAL
Co-founder, Psych Corner



CHANGE. GROW. THINK.

CONTACT- 9325797902
EMAIL- PSYCHCORNER12@GMAIL.COM

**Secondary Traumatic Stress, Vicarious Trauma & Satisfaction of Work
among Health Professionals during COVID-19 Pandemic**



For the partial fulfilment of

M.A. Psychology

(2019-21)

Dissertation

Supervised By

Dr. Vismita Paliwal

Associate Professor

Submitted By

Ms Shivani Nishad

Student, MA Sem 4th

Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

2021


MENTAL HEALTH CARE CENTRE 
मानसिक स्वास्थ्य देखभाल केन्द्र
JOINT VENTURE OF FARIDABAD INDUSTRIES ASSOCIATION AND DIST. RED CROSS SOCIETY
SECTOR-14, NEAR MAIN MARKET, FARIDABAD, Tel.No.: 0129-2287645, Mobile : 9467287211

Ref No:

Date:


25th January, 2021

To whom it may concern

This is to certify that Mr. Anurag Sharma has successfully completed his required 90 hours of internship at Mental Health Care Centre from from 6th January to 23rd January, 2021 jointly run by Faridabad Industries Association and District Red Cross Society Faridabad, under the supervision of Mr. Naseem Ahmad, Consultant Clinical Psychologist.

Mr. Anurag Sharma has observed counselling sessions for childhood disorders, depression, substance abuse etc. He also observed sessions of psychometric testing for measuring intelligence and for formulating diagnosis.

During the course of his internship, he was sincere and his character and conduct was satisfactory.


Jitesh Modi
Executive Secretary




Naseem Ahmad
Consultant Clinical Psychologist

Naseem Ahmad
MA, M. PHD (Cl. Psy.)
Consultant Clinical Psychologist
MHCC, Faridabad-121007
CRR No. A63463



University of Colorado

Boulder | Colorado Springs | Denver | Anschutz Medical Campus

Mar 15, 2021

Anurag Sharma

has successfully completed

Managing ADHD, Autism, Learning Disabilities,
and Concussion in School

an online non-credit course authorized by University of Colorado System and offered
through Coursera

on behalf of the University of Colorado
School Health Coursera Team

Dan Nicklas, MD

University of Colorado School Health Coursera Team

COURSE
CERTIFICATE



Verify at coursera.org/verify/2RRNGS42PKYF

Coursera has confirmed the identity of this individual and their
participation in the course.


MENTAL HEALTH CARE CENTRE 
मानसिक स्वास्थ्य देखभाल केन्द्र
JOINT VENTURE OF FARIDABAD INDUSTRIES ASSOCIATION AND DIST. RED CROSS SOCIETY
SECTOR-14, NEAR MAIN MARKET, FARIDABAD, Tel.No.: 0129-2287645, Mobile : 9467287211

Ref No:

Date:


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Mr. Anurag Sharma has observed counselling sessions for childhood disorders, depression, substance abuse etc. He also observed sessions of psychometric testing for measuring intelligence and for formulating diagnosis.

During the course of his internship, he was sincere and his character and conduct was satisfactory.


Jitesh Modi
Executive Secretary




Naseem Ahmad
Consultant Clinical Psychologist

Naseem Ahmad
MA, M. PHD (Cl. Psy.)
Consultant Clinical Psychologist
MHCC, Faridabad-121007
CRR No. A63463



Healthy Minds World

Bengaluru, India

This is to certify that

ANURAG SHARMA

*has successfully completed online internship on " **Counseling Psychology & Psychotherapy**"*

organised from 23rd February & 17th March, 2021 for a duration of 1 month.

Pallav Prasad

Co Founder
HealthyMinds World



Ms. Devanshi Sharma

Clinical Psychologist
RCI License - A59215

Certificate No. HMW/2021/03/UNI0027



THE ACADEMY OF MODERN APPLIED PSYCHOLOGY

CERTIFICATE OF COMPLETION

AWARDED TO

Anurag Sharma

NLP PRACTITIONER

The holder of this certificate has successfully completed a course in the principles and practices of Neuro-Linguistic Programming on Udemy.

Kain Ramsay
Director of Training

March 16, 2021

Date



**Study of Self-concept, Happiness, & Psychological Capital among UG &
PG students in COVID-19 Scenario**



For the partial fulfilment of

M.A. Psychology

(2019-21)

Dissertation

Supervised By

Dr. Prashant

Associate Professor

Submitted By

Mr Anurag Sharma

Student, MA Sem 4th

Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

2021

To
The Principal,
Govt. Medical College,
Jammu,

Date: 11-2-2022

NO - PSY/HOD/990/22

SUBJECT: Issuing my Internship certificate.

Respected Madam,

This is to state that I Kushagar Sudan son of late Sh. Dr M.L sharma joined the Department of Psychiatry on 03-01-2021 under order number JMC/MLT/17/2. I have completed my 88 days internship from 03-01-2021 to 31-03-2021. My training included supervision in Clinical Psychology, Psychotherapy and Psychiatry for a total of 468 training hours.

I hereby request you to kindly issue the internship certificate for the same.

Yours Sincerely,

Kushagar Sudan
PG Student (Clinical Psychology)

*forwarded to HOD. 11/2/22
Kushagar Sudan
lectures, dept of psychiatry,
Govt. Jammu*

*forwarded in original to
Principal Govt Medical college
Jammu with the comment
that he has completed his
internship in psychiatry for 88 days
during his training his work &
conduct has remained good.*

Manu
Dr. MANU ARORA
MD DPM Psychiatry
H.O. Psychiatry
GMC, J. J. M. J.
Regd. No. J. J. M. J.

To
The Principal,
Govt. Medical College,
Jammu,

Date: 11-2-2022

NO - PSY/HOD/990/22

SUBJECT: Issuing my Internship certificate.

Respected Madam,

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Dr. MANU ARORA
MD DPM Psychiatry
H.O. Psychiatry
GMC, J. J. M. J.
Regd. No. J. J. M. J.

**AMITY UNIVERSITY RAJASTHAN
AMITY INSTITUTE OF BEHAVIOURAL AND ALLIED SCIENCES**

Internship -de-addiction

Work Hours Log

DATE	TIME (IN)	TIME (OUT)	TOTAL TIME	ACTIVITIES/DESCRIPTION OF WORK DONE
13/2/21	10:00 Am	4:00 Pm	6 hours	word sounds done OPD done
14/2/21	10:00 Am	4:00 Pm	6 hours	Motivation enhancement therapy done, Cows Applied
15/2/21	10:00 Am	4:00 Pm	6 hours	word sounds done, class on various substance abuse done
16/2/21	10:00 Am	4:00 Pm	6 hours	word sounds done, OPD done, Relaxation technique Applied
17/2/21	10:00 Am	4:00 Pm	6 hours	OPD attended, conflict management done
18/2/21	10:00 Am	4:00 Pm	6 hours	word sounds done, class on Management of Alcohol dependence.
19/2/21	10:00 Am	4:00 Pm	6 hours	OPD attended, family Psycho-education done
20/2/21	10:00 Am	4:00 Pm	6 hours	word sounds done, class on effects of alcohol done
21/2/21	10:00 Am	4:00 Pm	6 hours	OPD attended, motivation enhancement therapy done
22/2/21	10:00 Am	4:00 Pm	6 hours	word sounds done, class on Tobacco cessation done
23/2/21	10:00 Am	4:00 Pm	6 Hours	OPD attended, Cows Applied
24/2/21	10:00 Am	4:00 Pm	6 Hours	word sounds attended, class on opioids & their abuse done.

Name of the organization/agency/institute:

Total Number of Hours Served: ⁷²~~84~~ as on 24/2/21 (Date)

I verify that the hours listed above are accurate.

Intern's Name : Kushagar Sudan

Intern's Phone no: +917889689938 Intern's email id: kushagarsudan@gmail.com

Intern's Signature [Signature] Date 21/1/21

External Supervisor's Name Dr. RAJINDER KUMAR

External Supervisor's Phone no 9501868123 External Supervisor's email id RAJINDERBASSAN@gmail.com

External Supervisor's Signature [Signature] Date 05/04/2021

Manu Arora
Dr. MANU ARORA
MD DPM Psychiatry
HOD Psychiatry
GMC, Jammu.
Regd. No. JK-6277

Internal Supervisor's Name _____

Internal Supervisor's Phone no _____ Internal Supervisor's email id _____

Internal Supervisor's Signature _____ Date _____

Director's Name _____

Director's Signature _____

To
The Principal,
Govt. Medical College,
Jammu,

Date: 11-2-2022

NO - PSY/HOD/990/22

SUBJECT: Issuing my Internship certificate.

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Dr. MANU ARORA
MD DPM Psychiatry
H.O. Psychiatry
GMC, J. J. M. J.
Regd. No. J. J. M. J.



THE ACADEMY OF MODERN APPLIED PSYCHOLOGY

CERTIFICATE OF COMPLETION

AWARDED TO

Kushagar sudan

NLP MASTER PRACTITIONER

The holder of this certificate has successfully completed a course in advanced principles and practices of Neuro-Linguistic Programming on Udemy.



Kain Ramsay
Director of Training

March 15, 2021

Date

Quality of life and Stress in Functional Bipolar Disorder



For the partial fulfilment of

M.A. Psychology

(2019-21)

Dissertation

Supervised By

Dr. Chirmi Acharya

Assistant Professor

Submitted By

Ms Kushgar Sudan

Student, MA Sem 4th

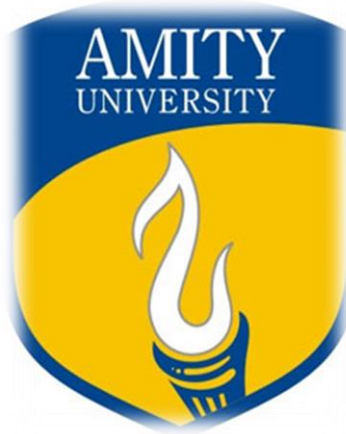
Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

2021

Cyber bullying



For the partial fulfilment of

M.A. Psychology

(2020-22)

Term Paper

Supervised By

Dr. Chirmi Acharya

Assistant Professor

Submitted By

Ms Vishakha

Student, MA Sem 1st

Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

2020

Development of Antisocial Behaviour



For the partial fulfilment of

M.A. Psychology

(2020-22)

Term Paper

Supervised By

Dr. Prashant

Associate Professor

Submitted By

Ms Zeal Sheth

Student, MA Sem 1st

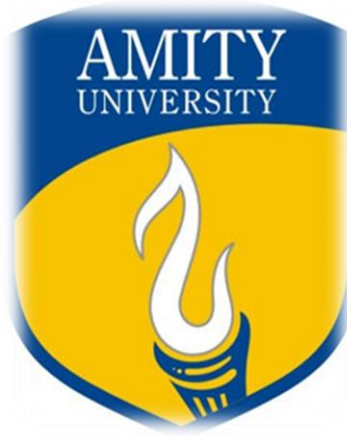
Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

2020

Anorexia Nervosa and Young People



For the partial fulfilment of

M.A. Psychology

(2020-22)

Term Paper

Supervised By

Dr. Chirmi Acharya

Assistant Professor

Submitted By

Ms Nilakshi Phukon

Student, MA Sem 1st

Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

2020

Dreams



For the partial fulfilment of

M.A. Psychology

(2020-22)

Seminar

Supervised By

Dr. KC Barmola

Assistant Professor

Submitted By

Ms Vidushi Sharma

Student, MA Sem 1st

Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

2020

Causes and Impact of Occupational Stress during COVID-19 Pandemic



For the partial fulfilment of

M.A. Psychology

(2020-22)

Term Paper

Supervised By

Dr. Vismita Paliwal

Associate Professor

Submitted By

Ms Sanya Singh

Student, MA Sem 1st

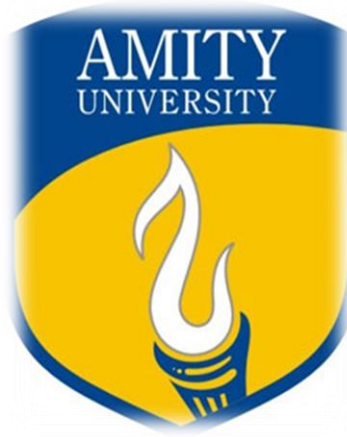
Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

2020

Animal Assisted Therapy and Activities for Healthcare



For the partial fulfilment of

M.A. Psychology

(2020-22)

Term Paper

Supervised By

Dr. Vismita Paliwal

Associate Professor

Submitted By

Ms Tanika Agarwal

Student, MA Sem 1st

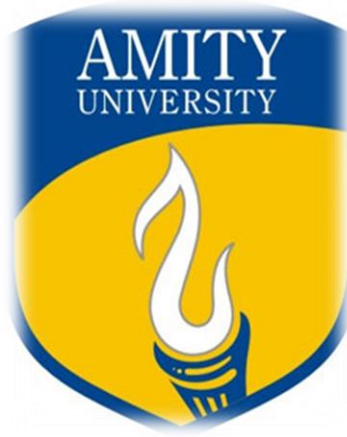
Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

2020

Scientific Creativity and its Relation to Motivation and Personality



For the partial fulfilment of

M.A. Psychology

(2020-22)

Term Paper

Supervised By

Dr. Chirmi Acharya

Assistant Professor

Submitted By

Mr Tison Varghese

Student, MA Sem 1st

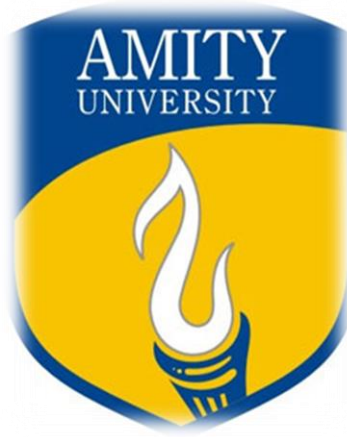
Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

2020

The Rise of Antisocial Behaviour due to Advanced Modern Capitalism



For the partial fulfilment of

M.A. Psychology

(2020-22)

Seminar

Supervised By

Dr. Chirmi Acharya

Assistant Professor

Submitted By

Mr Vaibhav Puranik

Student, MA Sem 1st

Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

2020

Children of War in the Context of the Syrian Crisis



For the partial fulfilment of

M.A. Psychology

(2020-22)

Term Paper

Supervised By

Dr. Chirmi Acharya

Assistant Professor

Submitted By

Ms Avantika Sharan

Student, MA Sem 1st

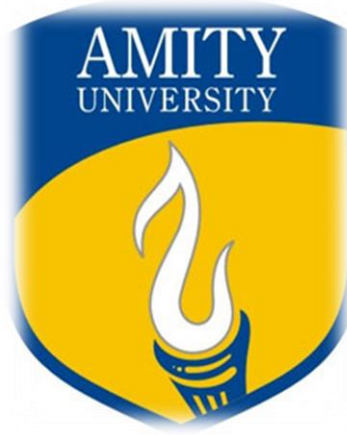
Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

2020

Resilience, Life Satisfaction and Stress in Students.



For the partial fulfilment of

M.A. Psychology

(2020-22)

Term Paper

Supervised By

Dr. Prashant

Associate Professor

Submitted By

Ms Tripti Gothwal

Student, MA Sem 1st

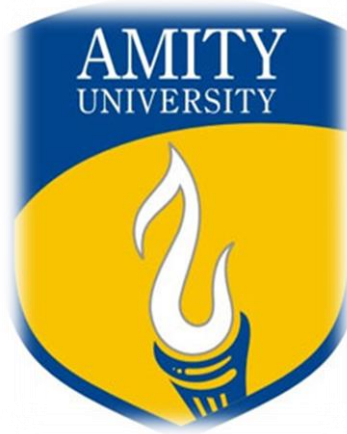
Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

2020

Effect of Covid-19 Loneliness among Teens



For the partial fulfilment of

M.A. Psychology

(2020-22)

Term Paper

Supervised By

Dr. Vismita Paliwal

Associate Professor

Submitted By

Ms Kritika Joshi

Student, MA Sem 1st

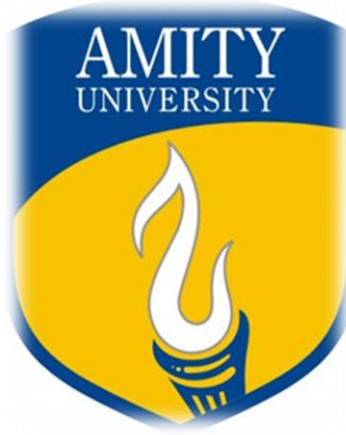
Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

2020

Stress Management



For the partial fulfilment of

M.A. Psychology

(2020-22)

Review Article

Supervised By

Dr. KC Barmola

Assistant Professor

Submitted By

Ms Vishakha

Student, MA Sem 2nd

Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

2021

**Sexual Assault with reference to Social Cognitive Theory of Albert
Bandura**



For the partial fulfilment of

M.A. Psychology

(2020-22)

Review Article

Supervised By

Dr. Ruchi Joshi

Assistant Professor

Submitted By

Ms Zeal Sheth

Student, MA Sem 2nd

Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

2021

**Family Struggles: Stories and the Family Journeys through Living with
Persons suffering from Alzheimer**



For the partial fulfilment of

M.A. Psychology

(2020-22)

Review Article

Supervised By

Dr. Prashant

Associate Professor

Submitted By

Ms Nilakshi Phukon

Student, MA Sem 2nd

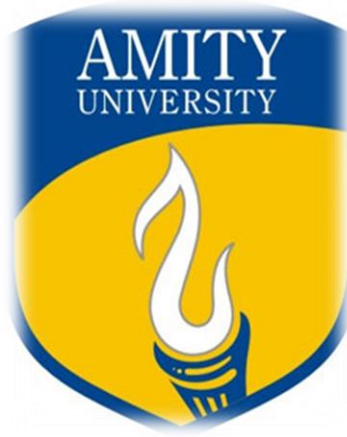
Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

2021

Mood Disorder among Teens



For the partial fulfilment of

M.A. Psychology

(2020-22)

Review Article

Supervised By

Dr. Monika Gwalani

Assistant Professor

Submitted By

Ms Vidushi Sharma

Student, MA Sem 2nd

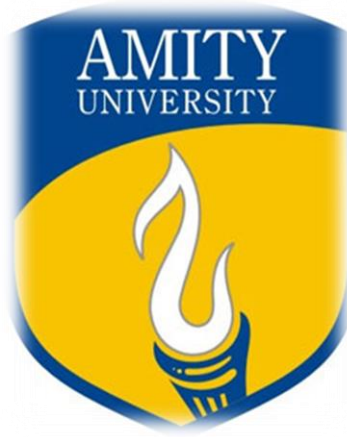
Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

2021

Online Education



For the partial fulfilment of

M.A. Psychology

(2020-22)

Review Article

Supervised By

Dr. Neharshi Srivastava

Assistant Professor

Submitted By

Ms Kritika Joshi

Student, MA Sem 2nd

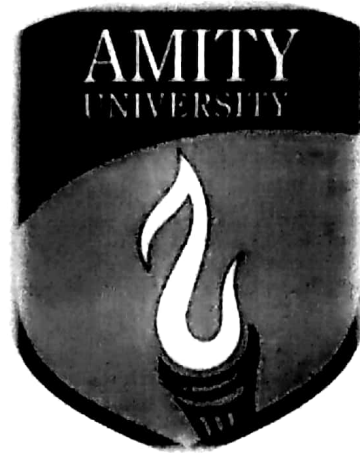
Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

2021

Parent-child Relationship and Well-being



For the partial fulfilment of

M.A. Psychology

(2021-23)

Seminar

Supervised By

Dr. Prashant

Associate Professor

Submitted By

Bambole Aastha Vinay

Student, MA Sem 1st



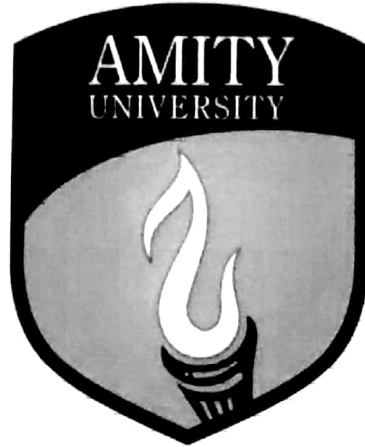
Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

2021

**Prejudice And Discrimination
HOMOPHOBIA**



For the partial fulfilment of

M.A. Psychology

(2021-2023)

Term Paper

Sreeja Das.
12/5/22

Supervised By:-

Ms. Sreeja Das

(Assistant Professor)

Daksha Singh Rana

Submitted By:-

Ms. Daksha Singh Rana

(Student, MA 2nd Sem)

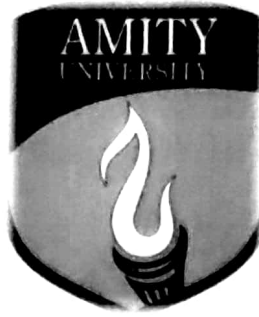


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JAIPUR, 2022

GENDER CONFORMITY ACROSS GENDER



For the partial fulfillment of

M.A Psychology

(2021-2023)

Review Article

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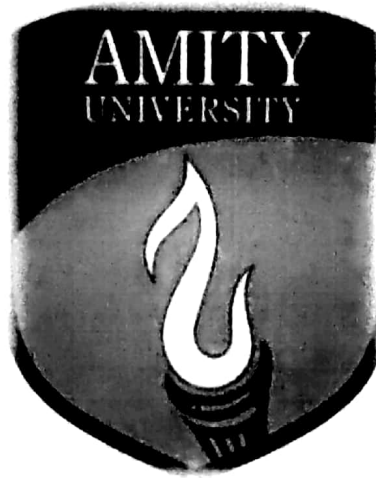
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2022

Internet Addiction among Youth



For the partial fulfilment of

M.A. Psychology

(2021-23)

Term Paper

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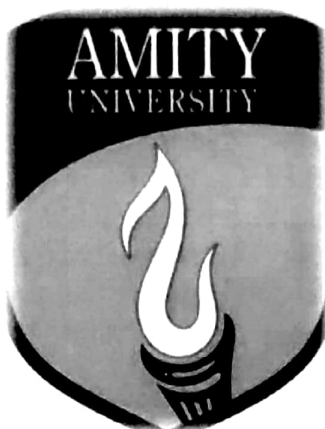
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2021

The Influence of Perceived Student Leadership on Academic Performance



For the partial fulfilment of

M.A. Psychology

(2021-2023)

Review Article

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A handwritten signature in black ink, appearing to read 'Vismita Paliwal'.

Dr. Vismita Paliwal

Associate Professor



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Pratistha Preyam Dutta

MA 2nd Sem

Enrollment No. A210118721015

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2022

Effect Of Gender Discrimination On Mental Health



For the partial fulfilment of

M.A. Psychology

(2021-2023)

Review Article

Supervised By

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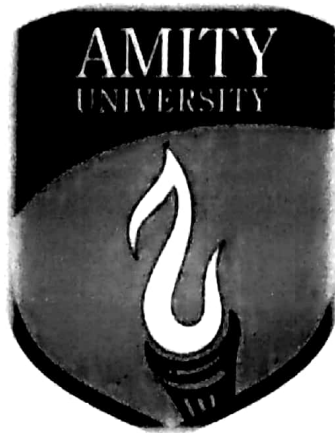
M. Nair
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Effectiveness of Dance Movement Therapy on Neurosis



For the partial fulfilment of

M.A. Psychology

(2021-23)

Term Paper

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Assistant Professor

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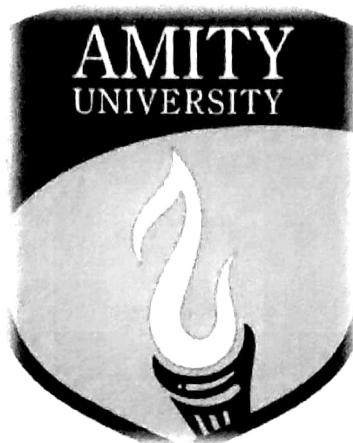
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“Does Social Inhibition affect Academic performance in college students?”



For the partial fulfilment of

MA Psychology

(2021-2023)

Review Article

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2022

**Eating Disorders and Stress among College students:
A Systematic Review.**




For the partial fulfilment of

M.A. Psychology

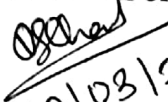
(2021-23)

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12/03/2022

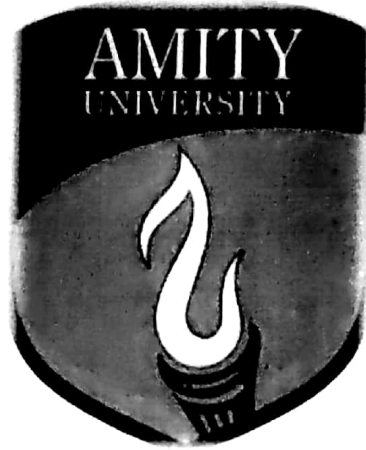
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2022

**To study the relationship between social support and resilience
level among individuals amid spread of covid**



For the partial fulfilment of

M.A. Psychology

(2021-23)

Term Paper

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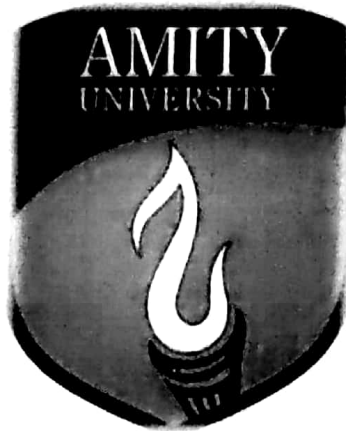
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Psychosocial Conditions in Orphanages



For the partial fulfilment of

M.A. Psychology

(2021-23)

Term Paper

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Relationship between Leadership style and organizational commitment in private sector employees



For the partial fulfilment of

M.A. Psychology

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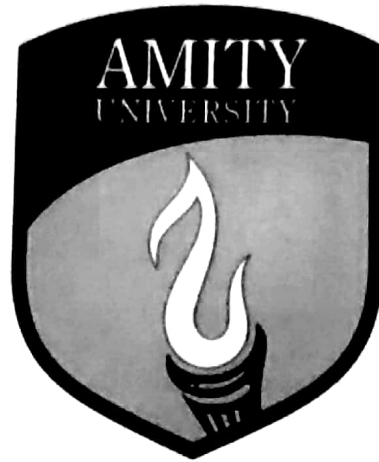
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Love and relationship satisfaction in love and arranged marriages



For the partial fulfilment of

M.A. Psychology

(2021-2023)

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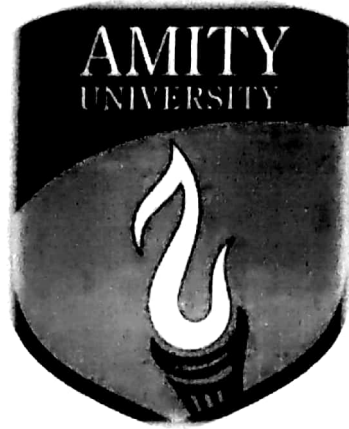
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2022

Study on Online Dating and Mental Wellbeing



For the partial fulfilment of

M.A. Psychology

(2021-23)

Term Paper

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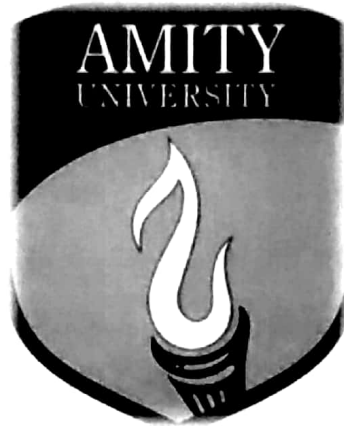
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2021

**Attachment styles and trust among
late adolescents and early adulthood**



For the partial fulfilment of

M.A. Psychology

(2021-2023)

Review Article

Chirmi Acharya 11/05/22

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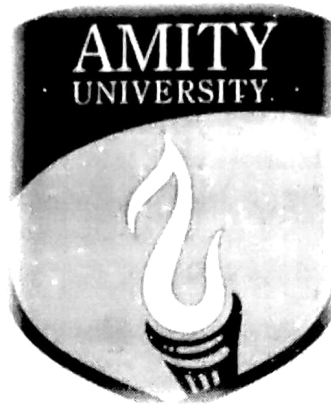
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2022

EFFECT OF ART THERAPY ON DEPRESSION AND ANXIETY



For the partial fulfilment of

M.A. Psychology

(2021-2023)

Term Paper

Supervised By

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Assistant Professor

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Submitted By

Miss Manubha Sharma

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2022

Effect of Trauma on Familial Relationships in Adults



Review Article

For partial fulfillment of M.A. Psychology

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Shivika

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Shivika Patel
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2022

**A software application used as a screening tool for the students
with specific learning disabilities across cultures**



For the partial fulfilment of

M.A. Psychology

(2021-2023)

Review Article

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S. Singha
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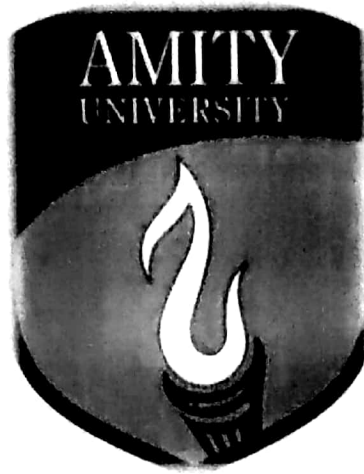
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2022

Consciousness and the Split-Brain



For the partial fulfilment of

M.A. Psychology

(2021-23)

Seminar

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2021

SHORT-FORM VIDEO APPLICATION USAGE AND MENTAL HEALTH



PROJECT

SUBMITTED TO

THE AIBAS, AMITY UNIVERSITY RAJASTHAN

FOR THE PARTIAL FULLFILMENT OF

M.A (H) APPLIED PSYCHOLOGY

SUPERVISED BY

Dr. NEHARSHI SHRIVASTAVA

ASSISTANT PROFESSOR



SUBMITTED BY

HARSH BARVE

STUDENT

2nd SEM

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Shrivastava*

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